

ANTI-BULLYING PLAN 2025

Colo Vale Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Colo Vale's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

| Dates | Communication topics |
|----------|---|
| All year | PBL Framework |
| March | Backflips against Bullying |
| All year | Upstanders and Bystanders - PBL lessons |
| All year | School golden rule of 'Be Kind' |

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

| Dates | Communication topics and Professional learning |
|----------|--|
| All year | Lessons written by PBL team |
| All year | Open communication with parents and families inviting concerns about their children to be shared |
| All year | Communication meetings where issues that arise regarding bullying are discussed and monitored |
| | |

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Colo Vale Public School has an extensive induction pack for staff new to the school. AP Wellbeing inducts casual and new staff as to how CVPS operates.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

| Dates | Communication methods and topic |
|----------|---|
| All year | PBL section in fortnightly SWAY |
| All year | Communication through phone calls, emails, playground/ crossing duty (done by Principal) where parents are invited to express any concerns and assured they will be promptly followed up. |
| All year | Stage APs call parents once a pink slip is issued - discussion of behaviour and asking for their support |
| | |

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

PBL Framework

Banksia Blues

Reward Days

Wristbands, Trophies

High expectations of behaviour by all staff

Reward for positive behaviour and choices

Time taken to sit with students and afford them dignity and respect to discuss why certain behaviours may be occurring

Well being Facilitator employed two days a week - restorative practices, friendship circles, social stories, positive phone calls home to celebrate student's behaviour and choices

WHIN employed to assist with mental health support across the school community

Gratitude, Empathy and Mindfulness practiced

Completed by: Nina Culleton

Position: Principal

Signature: CULLETON, CHRISTINE Digitally signed by CULLETON, CHRISTINE
Date: 2023.03.30 12:49:55 +11'00' Date: 31/01/25

Principal name: Nina Culleton

Signature: CULLETON, CHRISTINE Digitally signed by CULLETON, CHRISTINE
Date: 2023.03.30 12:50:09 +11'00' Date: 31/01/25